



# Cruising Toward Healthy Living

# HEALTH FAIR

Tuesday, September 26  
1-4 pm



@ Hopkins Activity Center  
33-14th Ave N, Hopkins

## Attend important **FREE** health screenings

*Provided by North Memorial Health System*

- Balance
- Blood Pressure
- Osteoporosis
- Coupon for free Leg Circulation Screening at Minnetonka Medical Center (valued at \$250)
- Stroke
- Body Mass Index
- Advanced Directives



Door Prizes  
Vendor Booths  
Refreshments  
& more!

## Flu Shot Clinic 1-3 pm

*Provided by Minnesota Visiting Nurses Association*

**Protect yourself and the community  
from Influenza by getting vaccinated!**

Choose from quadrivalent flu shot (\$38) or high dose (\$65). Bring Picture ID, Medicare card and insurance card and MVNA will bill your insurance plan on your behalf. No appointments!

## Come Early for Tooth Wisdom 12-1 pm

*Provided by Oral Health America*

**Get smart about your mouth.**

A dental professional discusses the importance of oral health, gum disease, tooth care and oral cancer. Register to attend before the Health Fair.

## SPONSORED BY:



For more information, contact the Activity Center at [activitycenter@hopkinsmn.com](mailto:activitycenter@hopkinsmn.com) or 952-939-1333, or visit [www.hopkinsmn.com/activitycenter](http://www.hopkinsmn.com/activitycenter).